



AIM HIGH

# Christchurch South Intermediate

204 Selwyn Street, Christchurch 8024  
Ph: 332-2408, Email: admin@chchsouth.ac.nz

Issue No. 4  
May  
2016

## Newsletter (Panui)

---

Dear Parents and Caregivers

Kia ora koutou

This week we have been very fortunate to have John Parsons at South. John is a highly respected and sought after Internet Safety and Risk Assessment Consultant, providing specialist advice and direction on the safe use of Digital Communication Technology.

Following his work with staff before the school year started, we were keen to get him back to work with students and share some of his messages with parents. As a staff we were also keen to spend more time with him. The Board of Trustees appreciated his input into their considerations of the impact the Vulnerable Children Act has on our school's policies and procedures.

The following is a snippet of the sage and strongly values based advice John has for parents, and those who work with young people as we support them to communicate safely, effectively and ethically in the digital world.

### *The desire to communicate*

*One of the strongest desires we have is to communicate. Young people need to communicate in order to grow, be challenged, feel valued, form friendships, enjoy relationships and learn about themselves as well as the world they live in.*

*Digital Social Networks allow parents and caregivers who are lucky enough to be part of their child's online community an opportunity to support them as they exercise their right to communicate. Even help them if they make mistakes, but this opportunity should not be used as an occasion to judge or over-react if they don't like their child's tone.*

*If parents don't learn to trust and react appropriately, young people will simply go underground and find others ways to stay off the radar. Then when they really need help we may not be available to them. We need to educate youth properly and allow them to go online and experience this digital space appropriately.*

*Education, parental support, trust and parental acknowledgment of a young person's right to communicate is the key to helping them learn to navigate this technology with safety in mind. This education also needs to teach young people that they have a responsibility for the well-being of the person sitting next to them in the classroom and the people they share their lives with.*

*This technology connects us with the rest of the world and it disconnects us at the same time. Now, more than ever before we need to nurture empathy in our children. This is because the ability to think about how another person is feeling, is a vital tool children require as they navigate the digital space. They will communicate with people they will never meet, they will debate with them, share ideas with them and even argue with them. They are able to experience cultures thousands of miles away at no cost! when disaster strikes in faraway locations they become instantly aware of it, perhaps while walking down the aisle of their local supermarket or reading a book in class, and they are able, if they so choose, to help those people by rallying local government or local businesses to send financial aid,*



*food and other resources. What a marvellous tool ICT is and what a powerful light it shines on the world allowing us to experience and see more of it....good and bad.*

*The only choice we have is whether to follow young people into the cyber world and assist and support them or control and police them. Either way they will use this technology because the desire to communicate is very powerful.*

*John Parsons*

Those parents and community members who attended one of John's parent evenings were very pleased they made the time to participate. We have emailed John's notes from the parent evening to all our families and hope you find them useful.

Ngā mihi nui

Ross Hastings

A handwritten signature in black ink, appearing to read 'R. Hastings', with a large, sweeping flourish at the end.

Principal

# Congratulations

To **Thomas MacGibbon** who competed in the Kayaking Nationals recently. Thomas received the following results:

200m Tyro Men - Gold  
500m Tyro Men - Gold  
1000m Tyro Men - Gold  
200m Tyro Mixed Fours - Gold  
200m Tyro Mixed Twos - Silver

500m Under 14 K1 Men - Silver  
5 km Under 14 K1 Men - Silver  
200m Under 14 K1 Twos - Silver



To **Lestat Heal** who competed in the clubs regional competition on the 16<sup>th</sup> of April where he took first place, gold medal for Kumite (sparring) against two higher grades, the silver medal for team Kata and the Bronze for individual Kata in his first competition. The following week 22<sup>nd</sup> April he was part of the NZ Karate Open Championships held at Pioneer Stadium. He took 4th place overall for Kumite.

## **Absence**

If your child is unwell, unable to attend school or is going to be late **it is essential** caregivers phone and advise the office by **pressing 1** on our telephone voicemail before 8.40am. When leaving a message please ensure that you give the office your child's name, room number and the reason for the absence. Alternatively you can email the office on [absent@chcsouth.ac.nz](mailto:absent@chcsouth.ac.nz).

It is a Ministry of Education requirement that if a child is going to be absence from school for whatever reason a parent or caregiver

must make contact with the school explaining the reason for the absence.

We ask that if you email your child's classroom teacher with regard to an absence that you also inform the office.

### **Lateness**

If your child is late to school for any reason, they are required to come to the office to sign in and receive a late pass **before** they make their way to their classroom. We thank you for your assistance in helping us to keep your children healthy and safe.

### **Leaving school during school hours**

If your child needs to leave school for any reason during school hours, would you please provide a note for the classroom teacher, which is also shown to the office staff before the student leaves school. Their name, class and time of leaving will be recorded when they sign out. If your child is returning to school they must come back through the office to sign back in.

### **Leaving School due to Illness**

If your child is unwell during school hours the procedure is for them to come to the school office and be admitted into the sick bay area. The school office will then ring the parent/caregiver if they are required to go home. **Please discourage your child from texting asking to be picked up because they are feeling unwell.**

### **Wet Day Procedure**

If the weather is cold, wet or inclement and restricts student activity the school will shorten the lunch hour by 15 minutes. School will finish at 2.45pm on such a day. To confirm that the day has been shortened telephone the school on 3322408 then press 2 as the office will leave a message on the voicemail under "school notices, early finishes and cancellations".

### **Text Alerts**

If you would like to receive text alert updates from the school there are currently two ways this can be achieved – either via a Twitter

account or a Facebook account. For instructions on how to receive the text alerts go to the Christchurch South Intermediate website under general information then text alerts.

## **Cellphones**

Below is our school's current policy on cellphones. Any home-school contact (phone call or text) is to be through the school office. Thank you for your co-operation.

### Procedure 5.06

#### 1. Cell phones

- a. Should a student bring a cell phone to school it is not to be used during the school day unless under direct supervision of a teacher when the device is used to assist learning. The basic rule is "Invisible, inaudible or in the office."
  
- b. Cell phones brought to school can be handed in to the school office for safe keeping and collected at the end of the day.
  
- c. Emergency messages for students are dealt with through the school office.

## **Naming of School Clothing**

Please ensure that **all** school clothing is clearly named this should also include school hats.

## **Concerns**

If you have any concerns about your child's welfare or any situation which is impacting on your child that you feel needs addressing please do not hesitate to contact Polly Hutchinson, Associate Principal at any time.

## **Bikes, Scooters and Skateboards**

We encourage students to build their independence by cycling, skating or scooting to school. Cycles are locked in the cycle compound and scooters and skateboards have a lock up behind Rutherford Pod. It's important that the cycle, skateboard or scooter is locked independently as the compounds are unlocked from

2:55pm to 8:50am the following morning. Any item left in overnight is at risk of being stolen. Please discuss this with your child, if they have e.g. Theatre Sports after school and their padlock isn't working, encourage them to take their wheels with them, it's not safe leaving them in an unlocked compound.

### **School Canteen**

The school canteen is located at the end of the hall opposite the library. The canteen is open every morning from 8.20am. If you wish to order your lunch please do so **before** school. Order forms are available from the office, online from our website under the Home tab, General Information tab, Canteen tab and then double clicking the Canteen Price List and Order Form or from the canteen at the School. Snacks are available at morning and lunch breaks. Please remember juices and moosies are only available at lunch break. Please be patient when coming to purchase items, remember a smile, a please and thank you make our day a happy one. *Canteen Manager*

### **School Cross Country**



On Wednesday, 18<sup>th</sup> May, we had our annual school cross country down at Hagley Park. Conditions were perfect with the sun shining, and running in Year 8 and 7 Girls and Boys, students embraced the challenge of the 3.5km course or 1km walk. The afternoon produced some very close results, and the team for the inter-school cross country at Halswell Quarry is looking very promising!

Results:

Year 7 Girls

- 1<sup>st</sup> Gracie Pratten
- 2<sup>nd</sup> Chumani Lo-Fo-Wong
- 3<sup>rd</sup> Reilly Kane

Year 7 Boys

- 1<sup>st</sup> Quinn McNamara
- 2<sup>nd</sup> Noah Smith
- 3<sup>rd</sup> Jesse Beeforth

Year 8 Girls

- 1<sup>st</sup> Alana Topping
- 2<sup>nd</sup> Lucy Booth
- 3<sup>rd</sup> Alyssa Whinham

Year 8 Boys

- 1<sup>st</sup> Charlie Hazlett
- 2<sup>nd</sup> Zach Goldsmith
- 3<sup>rd</sup> Josh Podmore

**Go Hip Hop Crews and the Canterbury Rams!**



Getting ready to go 'onstage' at the Rams game

On Saturday, 21<sup>st</sup> May, the Girls' and Boys' Hip Hop Dance Crews were given the honour of performing at the Canterbury Rams vs Wellington Saints match at Cowles Stadium. It was a hugely exciting evening: the last game of the season, over 120 Christchurch South Intermediate supporters in the audience and a really close game between the Rams and the Saints. The Rams came through to win the match in the closing few minutes, and



we'd like to think that this was due - at least in part - to Christchurch South's incredible hip hop performance at half-time!

Congratulations to the Rams - a great game with a nail-biting finish.

The Girls' and Boys' Hip Hop Crews performed a set choreographed by the hugely talented Tash Britt. Tracks included 'Don't Worry' by Madcon, 'Work' by Rihanna and 'Company' by Justin Bieber. Both crews were tight, professional and incredibly slick. Their set ended with a dance-off which included break dancing freezes and aerials. Thanks go to Tash Britt, Nicky at Canterbury Rams, and all of the parents and caregivers who supported their children. Fingers crossed we'll be invited back next season!

### **Superb Mountain Bikers!**



Couper, Marcus (H4), Noah (H4) and Quinn (N1).

3 boys represented South Intermediate School at the Ashburton 6 Hour Mountain Bike Race on Sunday, 8<sup>th</sup> May

They enjoyed the Huxster Event so much, they were all super keen to put a team together for the Ashburton event. Marcus had done it as a Family Team the 3 previous years so he was keen to dump his parents and race with his friends. Noah and Quinn joined Marcus in

the team and the rules said you could have 1 outside school member, so they invited their friend Couper to join the team.

The event was a sell out and the South Intermediate Team had a great day fighting it out with the defending winner from last year in the Year 7/8 schools category. The lead changed 5-6 times during the event and the boys started the last lap with a 20 second lead and ended up winning with close to a 2 minute margin.

Noah tried to get in 1 final lap before the 6 hour deadline and produced one of the team's fastest laps, but even with teammates Marcus and Quinn cheering him on, he just missed out on completing the team's 13<sup>th</sup> lap within the 6 hour deadline.

In total they completed three 10km laps each for a team total of 120km in 5:36. (130km if count Noah's 4<sup>th</sup> lap which he completed around 6:02).

The team enjoyed a celebratory feed of fish'n'chips and a post-race spa back in Christchurch and were already planning their title defence for next year.

Great day out and lots of positive comments on the boys riding ability and manners on the course when passing slower competitors and letting the faster riders past. The support they showed each other was impressive and it was my most enjoyable trip to the event supporting the team and doing a few laps with each of the boys. *Written by the proud dad of Marcus.*

### **Inter-School Duathlon 2016**

On Tuesday, 10<sup>th</sup> May, 32 of our top school Duathletes competed in the Interschool Duathlon at Ruapuna Raceway. It was an overcast day with a moderate wind blowing that made the course a little challenging for the competitors but despite this a number of South students posted great results. We were one of the largest teams there and the students were outstanding with both the way they completed the challenging course and the standard of support and behaviour they showed. Congratulations must go to all of our students who participated. It was pleasing to see everyone giving it their all from start to finish. A special mention must also go to the

fantastic group of parents who were able to transport our competitors and their bikes out to the event. Without these parents events like these are not possible. Full results can be found at the follow link: <http://www.primarysportscanterbury.org.nz/>

## Results

### Year 7 Girls

Place		Time
16 <sup>th</sup>	Chumani Lo-Fo-Wong	00.36.29
19 <sup>th</sup>	Belle Clelland-Hall	00.36.39
29 <sup>th</sup>	Jessie Anderson	00.37.49
34 <sup>th</sup>	Reilly Kane	00.38.38
35 <sup>th</sup>	Gracie Pratten	00.38.40
49 <sup>th</sup>	Ngaire North	00.40.24
51 <sup>st</sup>	Grace Wells	00.40.53
66 <sup>th</sup>	Rylee Munro	00.43.09
80 <sup>th</sup>	Nadia Jayet	00.45.47
85 <sup>th</sup>	Anna Currie	00.48.01

### Year 7 Boys

Place		Time
13 <sup>th</sup>	Marcus Blair	00.33.45
16 <sup>th</sup>	Ben Higgins	00.34.06
22 <sup>nd</sup>	Sebastian Linscott	00.34.26
25 <sup>th</sup>	Jess Beeforth	00.34.41
26 <sup>th</sup>	Eli Wilson	00.34.58
31 <sup>st</sup>	Toby Hull	00.35.09
60 <sup>th</sup>	Ben Hay	00.37.43
78 <sup>th</sup>	Ciaran O'Regan	00.39.18

### Year 8 Girls

Place		Time
12 <sup>th</sup>	Antonia Hill	00.34.52
21 <sup>st</sup>	Alana Topping	00.35.51
30 <sup>th</sup>	Amelie Mackay	00.36.35

## Year 8 Boys

Place		Time
20 <sup>th</sup>	Charlie Hazlett	00.31.59
21 <sup>st</sup>	Thomas MacGibbon	00.32.04
27 <sup>th</sup>	Zach Goldsmith	00.32.22
30 <sup>th</sup>	Henry Clatworthy	00.32.37
78 <sup>th</sup>	Ryan Hamilton	00.37.19
85 <sup>th</sup>	Josh Podmore	00.38.11
87 <sup>th</sup>	James Clelland	00.38.14
96 <sup>th</sup>	Nicholas Hampton	00.39.49

## Celebrations at Cashmere High



At the end of last term a group of students from our Health and Environment team were invited to a very special event at Cashmere High. The school had won a very prestigious Zayed Future Energy competition for their long term vision of sustainability and renewable energy. The local schools were invited to share what we are all doing to build a sustainable environment. It was thrilling to hear about the journey the Cashmere students had been on to achieve this award and their plans for using the financial support. Our students spoke passionately about the work we are doing at

South in our garden and our plans for the future. Well done to the six of you, Luka, Nick, Guy, Georgia, Hermione and Scarlett. You did us proud.

### **Eden Emerging**



Part of the newly cleared garden.

Many years ago a group of staff and students planted a number of trees, natives and exotics, in the garden area alongside the art and technology block. Over the years, these plants have grown, become entangled, self-seeded and started to resemble a jungle. During the holidays a keen group of gardeners worked hard to tame this area and they have created a very attractive site. The cleared area has now been mulched. A delightful moment occurred when a fantail came by to inspect our work. She obviously approved because she stayed for a while and sang to us before flying away. A third working bee is planned to finish the work along the remaining garden. Our sincere thanks go to all the workers, Vikki from the PTA, parents Emily and Mike, students Georgia, Aodhan, Ellie and Bailey, and friends of the school, Nicky, Holly, Hannah, James and Matthew.

Our thanks go also to Rachel from the PTA for working so hard to empty and move the compost bins in our produce garden.

It is the support and hard work from our community that makes South such a great place. Thanks to you all.

## **2016 TERM DATES**

<b>Term 1</b>	Monday 1 February	-	Friday 15 April
<b>Term 2</b>	Monday 2 May	-	Friday 8 July
<b>Term 3</b>	Monday 25 July	-	Friday 23 September
<b>Term 4</b>	Monday 10 October	-	Friday 16 December

## **COMMUNITY NOTICEBOARD**

*These are printed at the request of the organiser involved and we do not necessarily associate ourselves with the organisation or condone what they are offering.*

### Mental Health & Nutrition Research Group

The Mental Health and Nutrition Research Group at the University of Canterbury is currently recruiting participants for exciting world-leading research into the effect of vitamins and nutrients on mental health. We have three Christchurch-based trials running:

Child ADHD Study: 7-12 year old boys and girls with ADHD symptoms  
ADHD Control Study: Typically-developing 7-12 year old boys without ADHD  
PMS Study: Females aged 18+ with premenstrual symptoms. To find out more, please visit [bit.ly.com/UCnutritionresearch](http://bit.ly.com/UCnutritionresearch), email [mhanrg@gmail.com](mailto:mhanrg@gmail.com) or call the lab on (03) 364 2987 ext 7705. We're also on <https://facebook.com/mentalhealthandnutrition/>

### Sew Know How - Learn to Sew!

Classes for kids and adults. Book now for term 2 2016. Small classes, great results and loads of fun. Studio located in Spreydon. Phone 0275346163. Email: [jane@sewknowhow.co.nz](mailto:jane@sewknowhow.co.nz)

### Lyttelton Rugby Club

We are looking for some new members to join our great club. We need children that are born in 2011, 2010, 2009, 2008, 2007, & 2003 boys and girls. All new members will receive a gear bag, beanie, socks, mouth guard and a jacket. If you are interested in joining our club please contact Linda on 3287471 or 0273859392. We would love to hear from you.

### Cashmere Netball Club

Looking for Year 6, 7 and 8 players.

Would you like to give netball a go this year? It's not too late to join our club for the winter season. If you are year 6, 7 or 8 student and would like to play netball this winter, please email us at [cashmerenetball@hotmail.com](mailto:cashmerenetball@hotmail.com). We are a family friendly club and welcome players of all ages and abilities. For more information please go to our website, [www.sporty.co.nz/cashmerenc](http://www.sporty.co.nz/cashmerenc) or Facebook page, search for Cashmere Netball Club.

### Air Force Museum Holiday Programme

'Under the Wire' – *11-22 July 2016*. Shot down and captured, but the story doesn't end there. Over the wire, under the wire, dig like moles, and don't look back! Join us in escaping and evading re-capture at the Air Force Museum's July, OSCAR-endorsed school holiday programme 'Under the Wire'. Ages: 5 -12 years. Cost: \$38 per day, Full week: \$175. Hours: Half day 8.00am – 12.30 noon, Full day 8.00am – 3.00pm. Bookings Essential: Please contact the Public Programmes Team on 03 343 9504 or email [programmes@airforcemuseum.co.nz](mailto:programmes@airforcemuseum.co.nz)

### Winter Market Day

Community South Community Gardens, 188 Strickland Street, Saturday 18<sup>th</sup> June 10am – 2pm. Plants, produce, pickles and preserves, delicious baking, soup & sausage sizzle, mini tiger worm farms. Competition for best use of aplastic bottles. Free lucky visitor raffle draw.

### 2016 Community Trust Chambermusic Contest

Canterbury District Rounds 15-17 June. Knox Church, 28 Bealey Avenue, Christchurch. Wednesday 15 June 9am, 12noon, 3pm & 6pm. Thursday 16 June 9am, 12 noon & 6pm. Friday 17 June 9am, District final 7pm. For event and ticket details visit [chambermusic.co.nz/contest2016](http://chambermusic.co.nz/contest2016)

## **CALENDAR 2016**

30 May – 3 June	Samoa Language week
31 May	ICAS Science exam
2 June	Pasifika Celebration evening 6.00-7.00pm
6 June	Queen's Birthday – <b>School Closed</b>
7 – 10 June	Matariki week
14 June	ICAS Writing exam
15 June	ICAS Spelling exam
22 June	Inter Intermediate Cross Country
28 – 29 June	South Area Music Festival
30 June	School reports home
4 -8 July	Parent/Teacher Interviews
6 July	Music Soiree 6.00-7.00pm
8 July	Rutherford Celebration of Learning 11.15am – 12.30pm
8 July	Last day Term 2
25 July	First day Term 3